

Personal Health History

Patient Name: _____ **DOB:** _____ **Age:** _____

Please explain your present eye health and vision condition (if known):

- YES NO **Do you normally wear glasses or contacts?**
 If YES, which do you wear most of the time? Glasses Contacts
 If YES, how old is the prescription? _____
- YES NO **Do you have a history of any eye disease, eye surgery (including laser surgery) or eye injuries?**
 If YES, please list types and dates: _____
- YES NO **Are you currently taking medications of any type (including vitamins and supplements)?**
 If YES, please list: _____
- YES NO **Are you allergic to any medications?**
 If YES, please list medications and type of reaction: _____
- YES NO Not Applicable **Are you now pregnant or breast feeding?**

Medical History: (check box YES or NO. If YES, also note date when first diagnosed.)

- | | |
|----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | High Blood Pressure |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Diabetes |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Heart Disease (congestive heart failure, heart rhythm problem, heart attack, murmur), Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Lung Disease (emphysema, asthma), Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Liver Disease, Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Kidney Disease, Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Gastrointestinal Disease (Crohn's, ulcerative colitis, peptic ulcer), Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Cancer, Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Stroke or TIA's |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | High Cholesterol |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Thyroid Disease |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Migraines |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Sleep Apnea |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Seizures |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Blood/Bleeding Disorder (anemia, blood transfusion), Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Arthritis, Type: _____ |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Emotional Illness (anxiety, depression) |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Cerebral Palsy |
| <input type="checkbox"/> YES _____ <input type="checkbox"/> NO | Prematurity |

Please list any other medical problems that you have been diagnosed with: _____

Have you ever had any surgery (not on your eyes)? YES NO

If YES, please list types and dates: _____

Do you smoke cigarettes or use tobacco products? YES NO IN THE PAST

If YES, how much or how many cigarettes per day? _____

Do you drink alcohol? YES NO OCCASIONALLY

Are you interested in contact lenses? YES NO

Are you interested in laser vision correction? YES NO

Is there a family history of the following?

(Check box YES or NO. If YES, also note relationship: father, mother, etc.)

<input type="checkbox"/> YES <input type="checkbox"/> NO	Glaucoma	<input type="checkbox"/> YES <input type="checkbox"/> NO	Cataracts
<input type="checkbox"/> YES <input type="checkbox"/> NO	Macular Degeneration	<input type="checkbox"/> YES <input type="checkbox"/> NO	Crossed or lazy eye
<input type="checkbox"/> YES <input type="checkbox"/> NO	Retinal Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO	Migraine Headaches
<input type="checkbox"/> YES <input type="checkbox"/> NO	Diabetes	<input type="checkbox"/> YES <input type="checkbox"/> NO	High Blood Pressure
<input type="checkbox"/> YES <input type="checkbox"/> NO	Other: _____	<input type="checkbox"/> YES <input type="checkbox"/> NO	Blindness or tumor/cancer of the eye

Review of Systems: Do you have any of the following symptoms now?

If NO, Please check box. If YES, please circle all words that apply.

- NO **General:** fever, chills, weight loss, night sweat, scalp tenderness
- NO **Ears, Nose, Throat:** ear pain, facial pain, chronic cough, dry mouth, sneezing
- NO **Eye:** pain, blurred vision, double vision, redness, burning, itching, discharge, light sensitivity, flashing lights, floaters
- NO **Heart:** chest pain, rapid heartbeat, high blood pressure
- NO **Respiratory:** shortness of breath, difficulty breathing, discolored sputum, wheezing, congestion
- NO **Digestive:** constipation, nausea, vomiting, blood in stools, black tarry stools, diarrhea, upset stomach
- NO **Genital, Kidney:** increased urinary frequency, pain with urination, impotence
- NO **Muscle:** pain in joints, pain in muscles, stiffness, swelling, cramps
- NO **Skin:** rash, bruising, pimples, warts, growths, redness, itching, hives, swelling
- NO **Neuro:** dizziness, weakness, numbness, tingling, trouble speaking, bowel/bladder dysfunction, loss of balance, headache
- NO **Psychiatric:** Anxiety, depression, insomnia

If you answered yes to any of the above questions and are not currently receiving care for these symptoms, report them to your family physician as soon as possible.

When did you have your last complete physical exam?

Approximate Date: _____ Family Doctor's Name: _____

Please sign and date: (first and last name)

Signature: _____ **Date:** _____